

Note of Visit and Contact (NOVAC) - First meeting with school

LLP Subject Team: Health & Wellbeing Service

Date: 09/11/2022

Author of NOVAC: Helen Lord

School name: Hunslet Carr Primary

Members of Subject Team Present: Elizabeth Chambers and Jasmine Lindsay

Mail to: Head teacher of the school (if not present at the meeting) and Health & Wellbeing Service Lead

Context of the meeting:

The school has a full package with our service.

Summary/key points of the professional dialogue:

The focus of the meeting was the School Health Check as they would like to submit this this academic year. We looked at all four sections and the areas marked as RI in the SEMH & PSHE sections have now been worked on and will be good. These just need to be updated. The school has been focusing on food and they have improved the school meals a lot. They would now like to focus on packed lunches and Helen suggested they meet with Siobhan to support with this work. They will then update the Healthy Eating section of the School Health Check.

We then discussed what they are entitled to as part of a full package with our service. Please see below for the information on this.

Agreed actions, by whom and when by:

Helen to link Elizabeth and Jasmine up with Siobhan Jennings (healthy eating) and Sue Pennycook (SMHL training)

Elizabeth and Jasmine to update the School Health Check

Elizabeth and Jasmine to look into the various discussions within the table below

Area:	Notes on the discussion
All settings:	
HWS SLA: plan and use?	Full package
SEMH and HE toolkits if full SLA	Helen explained that they are entitled to one toolkit and that the packed lunch toolkit would be a good one to support their work on this: Packed Lunch guidance and toolkit School Wellbeing
Healthy Schools Status: Registered/ Completed Home - School Health Check Healthy Schools	Would like to submit after Easter, this academic year. .
MindMate status: Registered? MindMate Champions	Yes registered and using the lessons.
My Health, My School Survey: registered, completed, use the data? https://www.myhealthmyschoolsurvey.org.uk/	Completed it last year and looking to complete it this year. Helen suggested analysing the results from last year.
Classroom co-delivery offer: aware of the offer and menu?	Can access one classroom session as part of a full package. They are interested in the puberty session.

	https://www.schoolwellbeing.co.uk/support-prevention/pages/pshe-sessions-primary Email holly.dawson@leeds.gov.uk
Investors in Pupils Programme: aware and engaged?	
Forthcoming training & SLD: aware of forthcoming events? Youth Mental Health First Aid Training: awareness of the offer Health and Wellbeing Service offer and continuing professional development Leeds for Learning	24 th May 2023 Virtual: PSHE conference - suitable for all staff in school School Wellbeing
School Wellbeing Website: registered on the new site, aware of content and use? Registered to access POL-ED? Home School Wellbeing	Registered on the website and aware of the Pol-ed lessons. Helen flagged up the child-on-child abuse mapping tool. Primary Child on Child Abuse Mapping and Support Tool School Wellbeing
SMHL training and SLA? Aware of offer? School Wellbeing SMHL training	Helen raised that they may not have accessed the DfE funding for the Senior Mental Health Lead (SMHL) training. Helen to link them up with Sue Pennycook for more information.
Are you aware of/ have you used any facilities at Herd Farm, West Leeds Activity Centre or South Leeds Youth Hub?	
Primary/SILC only:	
Active Schools + Service: aware of the offer, PPP	
Leeds KS2 Resilience Programme: aware of the offer School Wellbeing	Helen explained the programme but more information can be found here: School Wellbeing Contact holly.dawson@leeds.gov.uk
HENRY 5-12 programme: aware of the offer School Wellbeing -Henry Programme	Ye