

## Note of Visit and Contact (NOVAC) - First meeting with school

**LLP Subject Team:** Health & Wellbeing Service

**Date:** 22/02/2023

**Author of NOVAC:** Helen Lord

**School name:** Hunslet Carr Primary

**Members of Subject Team Present:** Elizabeth Chambers and Jasmine Lindsey

Mail to: Head teacher of the school (if not present at the meeting) and Health & Wellbeing Service Lead

### Context of the meeting:

The school has a full package with our service.

### Summary/key points of the professional dialogue:

Jasmine has been working on school meals but there has been some issues with the catering which the office will be dealing with. She has also been focusing on packed lunches. Looking at the Healthy Families messages every week in each class for 20 minutes so all children are having a focus on packed lunches. Applications have been sent out for School Food Ambassadors. Jasmine is delivering the 'Eat them to defeat them' scheme around incorporating the vegetables into their meals.

PSHE – we looked at 1.6 on the School Health Check and this needs updating to reflect current practice.

Use crunch moments in PSHE at the beginning end.

Booked the Diversity Role Models training and workshops for March.

The school has now accessed the Packed Lunch Toolkit.

### Agreed actions, by whom and when by:

Elizabeth to book the body image session with the support and prevention team for year 6 [School Wellbeing](#)

Elizabeth will speak to Joanna Roberts (Assistant Head, SEMH and PSHE Lead) about the SMHL funding.

Helen to update our contacts with [Joanna.roberts@hunsletcarr.co.uk](mailto:Joanna.roberts@hunsletcarr.co.uk) as PSHE Lead 2.

Update the School Health Check and submit the SEMH & PSHE sections this academic year. They will look at the other two sections spanning into next academic year.

Area:	Notes on the discussion
<b>All settings:</b>	
HWS SLA: plan and use?	Full package
SEMH and HE toolkits if full SLA	Helen explained that they are entitled to one toolkit and that the packed lunch toolkit would be a good one to support their work on this: <a href="#">Packed Lunch guidance and toolkit   School Wellbeing</a>
Healthy Schools Status: Registered/ Completed <a href="#">Home - School Health Check   Healthy Schools</a>	Would like to submit PSHE & SEMH this academic year.

MindMate status: Registered? <a href="#">MindMate Champions</a>	Yes registered and using the lessons.
My Health, My School Survey: registered, completed, use the data? <a href="https://www.myhealthmyschoolsurvey.org.uk/">https://www.myhealthmyschoolsurvey.org.uk/</a>	Completed it last year and looking to complete it this year. Helen suggested analysing the results from last year.
Classroom co-delivery offer: aware of the offer and menu?	Can access one classroom session as part of a full package. They are interested in the puberty session. <a href="https://www.schoolwellbeing.co.uk/support-prevention/pages/pshe-sessions-primary">https://www.schoolwellbeing.co.uk/support-prevention/pages/pshe-sessions-primary</a>
Investors in Pupils Programme: aware and engaged?	
Forthcoming training & SLD: aware of forthcoming events? Youth Mental Health First Aid Training: awareness of the offer <a href="#">Health and Wellbeing Service offer and continuing professional development   Leeds for Learning</a>	24 <sup>th</sup> May 2023 <a href="#">Virtual: PSHE conference - suitable for all staff in school   School Wellbeing</a>
School Wellbeing Website: registered on the new site, aware of content and use? Registered to access POL-ED? <a href="#">Home   School Wellbeing</a>	Registered on the website and aware of the Pol-ed lessons. Helen flagged up the child-on-child abuse mapping tool. <a href="#">Primary Child on Child Abuse Mapping and Support Tool   School Wellbeing</a>
SMHL training and SLA? Aware of offer? <a href="#">School Wellbeing SMHL training</a>	Helen raised that they may not have accessed the DfE funding for the Senior Mental Health Lead (SMHL) training. Elizabeth to speak to Joanna about this.
Are you aware of/ have you used any facilities at Herd Farm, West Leeds Activity Centre or South Leeds Youth Hub?	
<b>Primary/SILC only:</b>	
Active Schools + Service: aware of the offer, PPP	
Leeds KS2 Resilience Programme: aware of the offer <a href="#">School Wellbeing</a>	Helen explained the programme but more information can be found here: <a href="#">School Wellbeing</a> Contact <a href="mailto:holly.dawson@leeds.gov.uk">holly.dawson@leeds.gov.uk</a>
HENRY 5-12 programme: aware of the offer <a href="#">School Wellbeing -Henry Programme</a>	Yes