



Art Psychotherapy Support



Specialist Therapeutic Support

We commission a qualified **Art Psychotherapist**, Gareth Hobson, who works in school two days per week (Wednesday and Thursday) through our partnership with **Impact North**. This provision forms part of our targeted and specialist SEND offer, supporting children with social, emotional and mental health (SEMH) needs.

Art psychotherapy provides specialist emotional support for children who need more than classroom or nurture-based strategies. Staff liaise with the SENCO or Inclusion Team regarding concerns or potential referrals.

Therapeutic provision includes:

- Art Psychotherapy emotional needs assessments
- Individual Art Psychotherapy
- Dyadic (parent and child) Art Psychotherapy
- Parent work and consultation
- Scaffolding work with professionals
- Group Art Psychotherapy

Gareth may contribute to Early Help meetings, Child Protection reviews, EHCP assessments and annual reviews. Alongside weekly therapeutic sessions with the children, Gareth keeps in regular contact with parents/carers, teachers, and other professionals working with the families throughout the Art Psychotherapy intervention.

Referral Pathway

Referrals are made via the Inclusion Team. Cases are discussed during half-termly Inclusion/SEND meetings. Pupils identified as requiring therapeutic input will be placed on a priority list. Allocations are made based on level of need and availability within Gareth's caseload. Parents will be informed and consent obtained prior to any therapeutic work commencing.