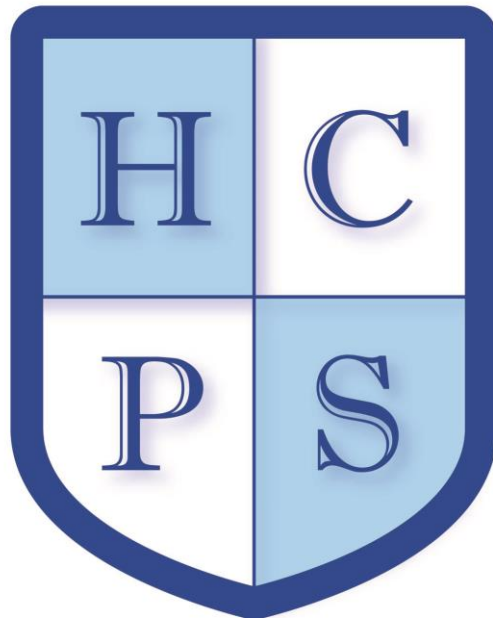


Hunslet Carr Primary School



Bereavement Policy

**High expectations
Caring
Positive attitude
Successful**

Policy reviewed: January 2020

Next review: January 2022

High Expectations, Caring, Positive Attitudes and Successful

STRENGTHS OF OUR SCHOOL



The Children

- Are well behaved, calm and polite
- Are engaged, positive and resilient
- Are supportive and helpful towards others
- Have an input on important decisions
- Have a sense of belonging

The Community

- School supports the whole family not just the child
- Recognises the importance of attendance
- Spreads our growing reputation as a good school
- Helps celebrate the children's achievements
- Supports the school on improving behaviour

The Curriculum

- Is a fun curriculum that is engaging
- Maintains a strong focus on the basic skills
- Is enriched through extra-curricular activities
- Supports our most vulnerable children
- Provides a rich variety of experiences & opportunities

The Staff

- Develop nurturing relationships with children
- Provide good quality teaching and learning
- Support one another to help the children
- Are consistent in how they treat children
- Identify children's SEN needs early

THE CURRICULUM WE HOPE TO PROVIDE



Skills - Successful

Fluent and confident in the R / W / M

Communicate with confidence

ICT skills fit for the future

Life skills – social, money, time, dining, cooking

Safety skills – Swimming, healthy choices

Problem solving – Patience & Resilience

Managing Feelings

Attitudes - Positive Attitudes

Confident, proud and independent

To believe that 'Impossible is Nothing'

Celebrate the achievement of other

Understand & celebrate a range of cultures

Take responsibility for themselves & others

Be honest and learn from mistakes

Respectful, caring and helpful

Experiences - Caring

To experience Family Style Dining

Going away on a residential trip

Visiting a range of places of worship

Look after an animal or grow a plant

Range of trips to theatres/farms/beaches

Taking part in public performances

The opportunity to represent the school

Knowledge – High Expectations

High school ready English & maths

To know about local places of interest

To know where we are in the world

Life skills – money, time, dining, cooking

Information about possible careers

The policy will cover the whole school community, for example all staff, pupils, parents/carers, governors and partner agencies working with school.

Rationale:

Within our school community there will almost always be some recently bereaved children who are struggling with their own situation – or sometimes the entire school community is impacted by a death. We would hope not to encounter such circumstances but the statistical inevitability of such an occurrence implies the necessity of having a Bereavement Policy in place, when responding to these sensitive issues.

Policy Aim:

The aim of this policy is to ensure that contingency plans are in place to reflect how the school could or should respond in a tragic situation.

This policy reflects the values and philosophy of Hunslet Carr Primary in relation to the caring and sensitive approach embodied in this school. This provides a framework within which all staff, both teaching and non-teaching, gain guidance on how to deal sensitively and compassionately with a bereaved child or young person.

At Hunslet Carr, we understand the importance of supporting the emotional needs of pupils experiencing the difficulties that are associated with bereavement and any other significant life changing events. We are also aware that consideration must be given to other faiths, cultures and religions when dealing with such sensitive issues.

Although adults and children can respond in broadly similar ways to loss and bereavement, this school recognises that everyone will react to a bereavement or life changing event in their own very unique way. The effects of this are dependent upon their own personality, levels of awareness, understanding, age, emotional maturity, security and not least, the relationship they have had with the individual involved. We are aware that reactions may be both behavioural, emotional and physical.

An empathic understanding in the familiar and secure surroundings of school may be all the bereavement support some children or staff require. However, sometimes pupils and staff may need extra support. This school provides a designated safe, nurturing environment and an Inclusion Team to support and advise pupils. Help can be given in understanding emotions and finding appropriate ways to express their feelings and thoughts associated with grief, such as sadness, anxiety, confusion, anger and guilt. This support may be short or long term, the outcome would be to develop and build confidence, emotional resilience, and coping skills. We believe all bereaved children should have the time to grieve and the right to remember the person who has died. Our school will give them that opportunity. Consideration should be given to refer the bereaved on to more specialist support, where the impact of grief is more complex.

The overall message in helping the bereaved:

- Try to maintain feelings of security and of being cared for.
- Maintain all the necessary practical care, focussing on the child's need and routine.
- Be honest and factually correct at the child's level of understanding, do not rush the conversation; pick up on non-verbal clues.
- Continue to talk and communicate honestly and realistically, listen to and hear what is being said.
- Do not pretend to believe what you don't believe.
- Remember there are others who can help.
- Don't be afraid to admit to friends, colleagues, family and managers that you need additional support at a particular time.

Roles and Responsibilities

Head to take overall responsibility, however staff should be designated to the following roles:

- Obtaining accurate information.
- Communicating with families directly involved.
- Informing the whole school community.
- Supporting children and parents.
- Supporting staff.
- Liaising with press if appropriate.
- Organising feedback/training for all staff.
- Outline the relationship with local partner agencies and the roles negotiated with them for supporting pupils and agreed protocols for referral.

For practical support and information, call Winston's Wish 08452 030405; Child Bereavement 0800 028 8840; Sad Events Team 0113 395 1042/0113 395 1100. Resources can also be found on www.childbereavement.org.uk

When a pupil in school is bereaved by the death of a parent/carer or sibling or significant other

When our school is informed of bereavement or loss the following actions are taken or designated by the Head:

- Alert senior management.
- Alert class teacher and support staff.
- The family should be contacted for appropriate support if needed or wanted by the appropriate person.
- The family should be asked how much and what the child already knows and how they have been involved.
- Class teacher to observe child.
- It should be explained to the family how the school can be involved to support the child and family.
- The importance of 'included care' will be explained – both parties assessing changes in behaviour. (Eating and sleeping patterns may change or behaviour in school may deteriorate or the child may become withdrawn).
- Relevant staff to use understanding loss and bereavement resources.
- Involve outside agencies as appropriate e.g. the school nurse/educational psychologist.

We also recognise the importance of communication between school and home. Without it, ultimately both parties could fail the child.

When a pupil in school is bereaved by the death of a Pupil

There is no right way to respond to the death of a pupil. Each teacher will have his or her own ideas, however we might want to consider these possibilities:

- Speak about the death in the school assembly, just telling children in a simple and straightforward manner that the pupil has died. Ask for a few moments of silence so that each can recall their own memories.
- Invite the children who know the child directly to make suggestions as to how they would like to mark the loss.
- Foster positive responses to death. Encourage children to talk about what they remember of the person and especially what they liked about him or her. Be mindful of those children who didn't know or get on with the deceased, these children may have mixed emotions.
- Close friends of the dead child may well need individual care and counselling. Staff should be aware when a child wants to talk about the loss and should find a time and place to listen quietly and with respect, or refer to Nurture Mentors. If there has been a tragic or horrific death, it may be that the help of trained bereavement counsellors is necessary.

When a pupil in school is bereaved by the death of a staff member:

- If the death happens suddenly and unexpectedly, Head to arrange a meeting where colleagues can talk through what has happened.
- Try to establish continuity in the classroom as soon as possible. The supply teacher or member of staff should be informed properly on how pupils and other staff were affected and which ones were most distressed.
- In the case of the class teacher, if appropriate let some of the children participate in the funeral, accompanied by trusted adults.

Significant Changes

There are significant changes which can have an effect on pupils. Many people tend to associate bereavement with a permanent deprivation of a loved one through their death. However, our school knows the importance of recognising and remembering that for many of our children there are other losses which may be experienced in a similar way to bereavement. The emotional and behavioural outcomes can be similar to those in the bereavement process. Examples could include the following: divorce; death of pet; parent in prison; disabled, seriously ill or terminal diagnosis of a close relative; children in care, or change of school.

These situations may not affect the whole of the class but it may, to a large extent, affect individual pupils. This school will develop an action plan to support the individual child, and if felt appropriate, seek assistance from agencies such as educational psychologists and school nurses.

Traumatic Death

Children who have witnessed a dramatic death or been involved in a disaster or other trauma may need specialised treatment. Parents and we as a school may also need help. As a school we are dedicated to supporting and advising children on a long term basis when deemed wanted and necessary.

Procedures in Emergency

An immediate action plan should include:

- The development of routines which ensure that the Head is informed by parents or other authorities (e.g. police, hospital, social services).
- Head verifies information about the child's death before informing teachers and classmates. They gather as many facts as possible about the event from parents and others.
- Head takes responsibility for informing teachers and staff, the class and other pupils (assisted by teachers). A plan for the rest of the day is activated to include support in the classroom.
- If the media approach the school, they should be referred to the Council's Press Officer and affected family, classmates and staff should be shielded.
- A meeting should be held to discuss plans for the following day. All staff in classes affected by the death should attend.

Action Plan

In each situation an individual action plan may be needed.

Staff support and training

Bereavement awareness training programmes can be made available for all staff and designated members of staff.

The school has excellent links with Owls Bereavement Service.

<https://www.janetomlinsonappeal.com/our-work/owls-bereavement/>

Reviewed:

January 2020

To be reviewed next:

January 2022

