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Online Safety Newsletter—May 2023

We want all children at HCPS to have the knowledge needed to make the best use of the internet in a safe, considered and respectful way, so they are able to reap the benefits of the online world.

How are children taught about online safety at Hunslet Carr?

As part of our mandatory <u>Relationship</u>, <u>Health and Sex Education (RSHE)</u> children are taught about online safety in an age-appropriate way. This includes being taught:

- what positive, healthy and respectful online relationships look like
- the effects of their online actions on others
- how to recognise and display respectful behaviour online
- how to use technology safely, responsibly, respectfully and securely
- where to go for help and support when they have concerns
- that people sometimes behave differently online, including by pretending to be someone they are not
- that the same principles apply to online relationships as to face-toface relationships, including the importance of respect for others
- the rules and principles for keeping safe online: how to recognise risks, harmful content and contact, and how to report them
- how to critically consider their online friendships and sources of information
- how information and data is shared and used online

What are some of the risks to online safety for children?

There are potential harms that come with using the internet.
Our Online Safety Policy puts these into four main categories:

- <u>Content</u> Being exposed to illegal, inappropriate, or harmful content. For example: pornography, fake news, racism, misogyny, self-harm, suicide, anti-Semitism, <u>radicalisation</u>, and extremism
- <u>Contact</u> Being subjected to harmful online interaction with other users. For example: peer to peer pressure, commercial advertising, and adults posing as children or young adults with the intention to groom or exploit them
- <u>Conduct</u> Online behaviour that increases the likelihood of, or causes, harm. For example, making, sending and receiving explicit images, sharing other explicit images and bullying
- <u>Commerce</u> Risks such as online gambling, inappropriate advertising, phishing and financial scams.

Are there any useful resources to help me talk to my child about safety online?

The following links provide guidance on how to talk to your children about a range of online safety issues. They also show how to set-up child-friendly home filtering and parental controls.

<u>Childnet</u> has developed <u>guidance for parents and carers</u> to begin a conversation about online safety, as well as <u>guidance on</u> <u>keeping under-fives safe online</u>.

<u>Thinkuknow</u> by the National Crime Agency - Child Exploitation and Online Protection command (NCA-CEOP) provides resources for parents and carers and children of all ages.

<u>Parent Info</u> is a collaboration between Parent Zone and NCA-CEOP, providing support and advice for parents and carers related to the digital world from leading experts and organisations.

National Society for the Prevention of Cruelty to Children (NSPCC) has guidance for parents and carers on online safety.

<u>UK Safer Internet Centre</u> provides tips and advice for parents and carers - you can also report any harmful content found online through the UK Safer Internet Centre.

Check out our <u>Online Safety page</u> that contains lots of useful links, guides, factsheets and phone numbers for organisations that support children and families with internet safety issues.



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Internet Matters have a page dedicated to supporting children with **SEND** in keeping safe online. You will find useful information, factsheets, videos and links to other websites and organisations that can support. Access the page HERE

Spring Term—What's on guide

ChildNet

On Monday 22nd May ChildNet, a leading, national organisation will be in school working with children in Years 3,4,5 and 6 raising awareness around online friendships, gaming, videos, personal information, trust, bullying and grooming.

A lot of the work will be scenario and discussion based workshops.

In the Net

On Tuesday 4th July we have an organsation 'AlterEgo' attending our school to deliver 'In the Net' to children in years 4, 5 and 6.

In the Net is a fun piece of children's theatre that was created out of a growing need to make children aware of internet safety and the real-world effects of cyber bullying.

PANTS

Children across the school, from Nursery to Year 6 will be involved in a PANTS session during the Spring Term.

The session helps children understand, in an age appropriate way, that their body belongs to them, and they should tell someone they trust if anything makes them feel upset or worried.

If you would like to know more about the NSPCC's campaign and see how you can help keep your children safe in partnership with these sessions click this link for more information.

Capture Video

Capture is a short film (15 minutes) about big tech and young people, and explores the lack of regulation and responsibility for children's welfare.

It gives an important insight to the impact of social media on our children and our family life.

Watch the video HERE

<u>Pantosaurous</u> Video

Pantosaurous teaches children important messages, like their body belongs to them and they should tell an adult if they're upset or worried.

Great for parents to watch / listen with younger children. Singalong with Pantosaurus to get those simple conversations started to help keep your child safe.

Watch the video **HERE**

Click on the icons below for a 'Parents Guide' to each of these apps, including how to set age-appropriate restrictions















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