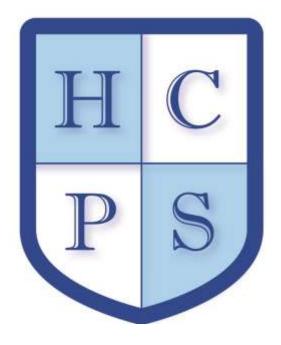
Hunslet Carr Primary School



PE and School Sports Policy

High Expectations Caring Positive Attitude Successful

Policy reviewed: March 2023 To be reviewed: March 2025



The office blocks of Leeds are visible from our classrooms and it is our belief and desire that children from Hunslet Carr Primary School should be able to grow up and be successful within their own city. We want our children to aspire to be the lawyers, doctors and professionals that work in our city every day and to give them experiences to inspire their self-belief.

The key to ensuring our children succeed, both while pupils at the school and in the future, is having a caring stimulating and stable environment in which to enjoy their early years. We work hard to ensure the school allows our pupils to grow in to happy, caring members of the community.



What does Impossible is Nothing means to us?

Impossible is Nothing means you can achieve anything when you are resilient and you persevere.

Purpose

The purpose is for all people to be connected to Hunslet Carr Primary School to understand the 3 I's of Physical Education and School Sports. We encourage every learner to be the best they can be, to reflect and plan the next steps in their learning journey, demonstrating a respect towards others and contributing to the communities of which they are a part.

Intent

It is our intent at Hunslet Carr Primary to teach children life skills that will positively influence their future. We aim to deliver high-quality teaching and learning opportunities that inspire all children to succeed in physical activities. We want to teach children how to cooperate and collaborate with others, as part of a team, understanding fairness and equity of play to embed life-long values and participation.

<u>Implement</u>

Pupils at Hunslet Carr Primary participate in weekly high quality PE and sporting activities based around Real PE. Our PE programme incorporates a variety of sports and skills to ensure all children develop the confidence, tolerance and the appreciation of their own and others' strengths and weaknesses. We provide opportunities for all children to engage in extra-curricular activities before, during and after school, in addition to competitive sporting events. This is an inclusive approach, which endeavours to encourage not only physical development but also well-being.

Our curriculum aims to improve the wellbeing and fitness of all children at Hunslet Carr Primary, not only through the sporting skills taught, but through the underpinning values and disciplines PE promotes. Within our lessons, children are taught about self-discipline and that to be successful you need to take ownership and responsibility of their own health and fitness.

Teachers are provided with the Real PE informed 'Progression of skills' document which aims to develop PE and sports skills. Real PE develops the key abilities children need to be successful within PE and Sport and across the curriculum. These areas are:

- Health and Fitness
- Creativity
- Cognitive ability
- Social skills
- Personal wellbeing
- Physicality

Impact

Our impact is therefore to motivate children to utilise these underpinning skills in an independent and effective way in order to live happy and healthy lives.

Covid - 19

Throughout the duration of Covid-19, our aim is to encourage children to get active at home. To do this we introduced Real PE at home, this is promoted on our online learning platform (Classkick), Twitter and our School Website. We also ensure that regular brain breaks and active workouts are carried out in school. All PE lessons have been conducted outside.